Fred Hilton

Called: 2026

Email: clerks@187chambers.com

Fred commenced pupillage with 187 Chambers in September 2026, under the supervision of Greg Unwin.

Prior to commencing pupillage, Fred worked as a caseworker for the Crown Prosecution Service's Complex Casework Unit, where he assisted in the preparation of some of London's most serious cases. Fred went on to work as a clerk to a High Court Judge of the Family Division, providing assistance in all aspects of judicial work.

Professional Memberships

The Honourable Society of Lincolns Inn.
The Denning Society.
The Criminal Bar Association.

Awards, Qualifications & Other

International and European Law, LLB
Criminal Law, LLM
BPC
Thomas More Scholar
Chief Crown Prosecutors Commendation
6KBW Advocacy Competition – Winner (2024)